

WARREN

SENTINEL

WWW.WARREN.AF.MIL

Volume 64, Issue 37

F. E. Warren Air Force Base, Wyoming

September 16, 2005

Historic homes	Warren renovates brick housing	5
How can you help?	Support hurricane relief effort	2
PK deact schedule of events	Be there to celebrate	15

For information on
Peacekeeper deactivation
see Page 15 or visit
www.pkdeact.com.



ALL IN A DAY'S WORK ...

Airmen First Class Corey Goor and Stephen Williams, 90th Security Forces Group, perform a security sweep in Bay View housing at Keesler AFB Miss., Saturday. Twentieth Air Force security forces members assumed base security Saturday, allowing Keesler security forces members time off to assess damage to their property and make arrangements for their families.

Photo by Capt. Warren Neary

Warren
says
farewell to
Peacekeeper 12



Warren
supports
JTF
Katrina 9



'Iron chefs'
compete
in 90 OG
cook-off 6



Commentary

The unrecognized core value

Capt. Justin Hohn
90th Logistics Readiness Squadron

It seems that every Air Force publication contains at least one article on the always-relevant topic of core values. From the highest echelons of Air Force leadership to the senior leadership at the installation level, we read so much and so frequently about core values.

I present an alternative viewpoint, one that I think is perfectly consistent with all that you have read and learned thus far about core values. From this viewpoint, there is really just a single core value.

So what is this magical single core value that has somehow escaped recognition until unearthed by your lowly captain? It's simple: humility.

For our purposes here, humility is simply self-forgetfulness; it's ignoring thoughts, actions and motivations that begin with self. We've all seen people belittle themselves in the name of "humility," but this is a false humility designed to elicit compliments. Examples include the bodybuilder who constantly carps about the need to "get in shape" because "he's so fat," as well as the attractive woman who calls herself ugly in hopes that someone will correct her and feed her ego. Compared to these cases, true humility manifests itself in ways that are harder to see, because by definition, true humility tries not to be noticed! But we will see that true, honest humility is not only the fundamental of all core values, it is essential for both leaders and followers at all levels.

How does humility lead to integrity? Perhaps it's better to ponder why a person compromises their integrity. Every conceivable compromise of integrity is rooted in human nature and our desire to

either gain something we do not have, or avoid losing something we already possess. When a person lies, cheats, steals, or otherwise compromises integrity, they do so in an attempt to avoid negative consequences (like punishment, embarrassment or financial stress), or gain something new (favor with a superior, financial advantage, popularity). This flaw is part of human nature, and is much like a weed that will constantly return if allowed to. True humility is the only way a person can set aside this less honorable aspect of human nature and disown the feelings of entitlement and self-preservation that are so grossly incompatible with gaining and maintaining integrity.

True humility leads naturally to the core value of "service before self." In a sense, humility is just a way to capture in one word the idea of subjugating personal advantage in favor of the interests of another. In "service before self," we simply say that we are deferring our personal interests to the needs of the Air Force and the service of our nation. When we set aside our humility and strive for personal gain or convenience, we place ourselves at diametric opposition to the concept of service and the sacrifice that it necessarily implies. Without humility, we cannot place anything before ourselves, or have "service before self."

Humility, Page 3

Man on the street

The Warren Sentinel asked Warren members, "Once you PCS, do you think you'd like to get orders back to Warren someday?"



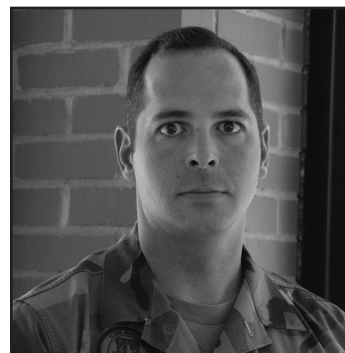
"No. I'm from Nebraska, so I've seen enough of this part of the country. I'd like to go to the east coast."

- Airman 1st Class Emily Nelson, 90th Medical Group



"Probably not. I figure I'm going to be here for a while anyway, since half the people in my flight have been trying to get orders for years. I hope to go overseas."

- Airman 1st Class Brad Kurtz, 90th Missile Security Forces Squadron



"Yes. It's the only missile base with metropolitan areas so close, like Fort Collins and Denver."

- Master Sgt. Toby Taylor, 20th Air Force



"Don't think so. This is my first post, and I've already been here for four years. I'm ready to see the rest of the world."

- Senior Airman Joseph Hickman, 90th Missile Security Forces Squadron

WARREN SENTINEL STAFF

Col. Michael Carey
90th Space Wing Commander
Capt. Warren Neary
Chief of Public Affairs
2nd Lt. Josh Edwards
Chief of Internal Information
Tech. Sgt. Steve Goetsch
NCOIC of Internal Information

Airman 1st Class Connor Elayan
Editor
Senior Airman Lauren Hasinger
Staff writer
Airman 1st Class Tessa Cubbon
Staff writer
Airman 1st Class Brandy Holcepl
Staff writer

The Warren SENTINEL is published by Wyoming Newspapers, Inc., a private firm in no way connected with the U.S. Air Force, under exclusive written contract with the 90th Space Wing. This civilian enterprise Air Force newspaper is an authorized publication for members of the U.S. military services. Contents of the Warren SENTINEL are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense or the Department of the Air Force. The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the DoD, the Department of the Air Force or Wyoming Newspapers, Inc., of the products or services advertised.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user or patron.

DEADLINES:

Articles are due to public affairs, Building 250, room 201, by 4:30 p.m. Thursday the week before publication. Classified ads are due by 11 a.m. Tuesday the week of publication.

Classified ads can also be dropped off or mailed to Wyoming Newspapers, Inc., 202 E. 18th St., by 1 p.m. Tuesday the week of publication. Articles and ads that don't meet these deadlines won't be considered for that week's issue. Edito-

rial content is edited, prepared and provided by 90th Space Wing Public Affairs of Warren Air Force Base, Wyo., of Air Force Space Command. All photographs are Air Force photographs unless otherwise indicated. Public affairs reserves the right to edit content to conform to style and space requirements. Articles run on a space-available basis.

Direct questions or comments to the SENTINEL at 773-3381 or e-mail at Sentinel@warren.af.mil.

Published by:
Wyoming Newspapers, Inc.
202 E. 18th St., Cheyenne, WY, 82005
(307) 632-5666
Sentinel@warren.af.mil

Be smart about providing help for Katrina

Stay here, work hard,
contribute what you can, pray

Lt. Col. Joseph Martin
*96th Logistics Readiness
Squadron Commander*

**EGLIN AIR FORCE
BASE, Fla.** -- We are living in very difficult times, and the stress levels can get to the breaking point before you realize it.

Just the other day I had to return a brand new television I had bought only two days prior to the base exchange. Of course, I then had to wait in line to be served, and to top it off I had an Airman Leader-

ship School graduation ceremony that I was subsequently late for.

As I was stewing in my own frustration, I looked up at the TV in the BX customer service area and realized that my problems -- however important to me -- were trivial.

I had a TV to return; many others lost all their possessions.

I have a home and a family to go to; many are dead and many have had their homes destroyed.

I had a ceremony to attend at which three

logistics Airmen graduated; Keesler and many other places will not have such ceremonies for many months.

We are in fact fortunate, but all is not well.

Our jobs are about to get harder as we support an influx of displaced Americans and additional people, either on the base or in the local area, who are providing support to the affected area. Give it your all, knowing that if the tables were turned, they would do the same for you -- we're all Air Force blue.

We all have a chance to contribute. I was asked today about organizing

something in the squadron to make donations to the relief effort.

What a great idea, which is best executed by individually making donations to the American Red Cross.

The Red Cross is ideally situated to use your monetary contributions to match the requirements on the ground.

Finally, the first responders to this catastrophe are working around the clock in search-and-rescue and recovery operations.

Although our basic military training, skills and work ethic would be of potential benefit,

we need to let them do their job. In the coming weeks much work will be done in the affected areas, but your individual presence is not required. It is unlikely, given the devastation, that anyone will be allowed into the area for quite some time. If you were to attempt to go there and "help" you would almost certainly be turned back.

Aside from the lost time on the road, fuel concerns may actually lead to you being stuck many miles from home with no way to return.

Simply put, stay here, work hard, contribute what you can, and pray.

Humility, from Page 3

Finally, excellence is a natural result when true humility is integrated into every aspect of our lives. From a certain viewpoint, every obstacle to excellence can be traced to a lack of humility, just as with breaches of integrity. A humble person doesn't cut corners or fudge numbers. Humility goes the extra mile, stays the extra hour and selflessly does whatever it

takes to achieve the highest level of performance.

True humility is sometimes difficult to recognize, but when it's missing, it will be obvious. We see it every day, unfortunately. We see rules bent, broken or ignored in the name of convenience or expedience. We see people collecting accolades for achievements that are far more the result of other people's efforts.

We see careerists seeking their own good to the detriment of others. We see troops that will not perform unless directly supervised. We see many examples in succession, each teaching us the wrong way to go, if we are paying attention.

I challenge you to integrate true humility in your life on a daily basis. Keep your cool when traffic cuts you off. Let someone go ahead

of you in line. Pick up the piece of trash you saw while running outdoors. Go to work early. Realize that every daily decision you make is a fork in the road that will lead you either closer to humility or farther away. While you may never achieve the lofty and courageous humility you desired, you will find that the journey along the way was its own reward.

6 by 5

full page ad

Warren's historic homes to be renovated

2nd Lt. Josh Edwards
90th Space Wing Public Affairs

The 90th Civil Engineer Squadron has almost completed negotiations on an estimated \$28 million lead-based paint abatement project for Warren's historic brick houses.

"Warren received almost the entire Air Force family housing budget for Fiscal Year 2005 to correct the lead-based paint problem in our historic homes," said Col. Michael Carey, 90th Space Wing Commander.

"The base and the entire Air Force are very committed to ensuring these homes are safe for our military families as well as ensuring their historical preservation."

The project consists of replacing windows, refurbishing doors and porches, and removing soil around the houses if necessary. This work will be completed in 155 officer and enlisted homes due to the known risks of hazardous lead-based paint.

"The project will be huge, and the impact on the quality of life will be huge," said Lt. Col. Joe Ballard, 90 CES Commander. "When the project is completed, residents will not have to walk around their homes with a fear of their children ingesting lead."

The \$28 million-price tag for the project includes environmental testing after the renovation to ensure air in the houses is safe for residents, said Colonel Ballard.

The extensive work on the brick homes, expected to take 18 to 20 months, is the result of a hazardous environment created by deterioration of the paint. The lead-based paint in the homes has been monitored over

the years and interim maintenance control measures are no longer a viable option. Since 2001, a few children living in the homes tested high for blood lead levels, said Colonel Ballard.

There are close to 60 homes on base that currently sit empty awaiting renovations, said Tammy Hanesworth, 90 CES Housing Flight Chief.

Air Force Space Command became involved with the issue of lead-based paint in 2001, and in 2003 discussions began in earnest between Warren, AFSPC, the State Historic Preservation Office, National Trust Society, Advisory Council on Historic Preservation and National Parks Service to come up with possible solutions to the lead concerns, said Colonel Ballard.

"By the time I arrived here at Warren, we were at a critical junction with space command on trying to decide exactly what the scope of the renovation was going to be," said Colonel Ballard.

"Those discussions all revolved around considerations such as money, time, negotiations with SHPO, inconvenience to the occupants and many other things."

There have been inconveniences to residents throughout this process and they will continue for some time afterwards. But the advantages of lead-free homes will greatly outweigh the inconveniences, said Colonel Ballard.

"Having to pack up your family and do a full move, although only maybe 30 feet away, is a very inconvenient process, but it's the only way to do it," said Maj. Adam Curtis, Chief, 90 SW Commander's Action Group



Photo by 2nd Lt. Josh Edwards

Bob Farnsworth, 90th Civil Engineer Squadron Housing Facilities Manager, assesses chipped paint on a porch of a historic brick home on Warren.

and a Warren housing resident. "The houses will be more efficient, safer and operate better."

Maj. Robert Korte, 153rd Command and Control Squadron Commander, lives in base housing with his wife and three children, ages 9, 7 and 2. For Major Korte, safety is the most important aspect of the renovation project.

"In my own mind, F.E. Warren is making the right move with regard to safety in the brick houses. They're national monuments, and it's a privilege to live in them, but safety comes first. The inconveniences are almost nothing compared to safety," said Major Korte.

Major Korte's wife, Christine, echoed her husband's sentiments on the renovation process.

"Having to move during the renovation is not really an inconvenience because the houses will be so much

nicer," said Mrs. Korte. "With a two-year old in the house, being able to open the windows and not have paint chip off will be a relief."

While quality of life is important, it's not the only concern Warren has.

"All of Warren's historic brick homes are on the national registry and are some of the oldest homes in the Air Force, dating back to the late 1800s. We are the caretakers of this historic place which presents unique challenges to renovate while preserving the heritage," said Colonel Carey.

After the lead-based paint abatement is completed, 90 CES will begin a housing privatization contract which will include a total interior renovation of the historic homes.

Colonel Ballard estimates that the entire abatement and privatization will take between five and eight years to complete.

What you can do to support hurricane relief effort

90th Space Wing Plans and Programs

Hurricane Katrina has caused damage and suffering to the Gulf Coast region, but there are many things you can do to help in the relief effort.

Warren has already deployed members to aid the people of the Gulf Coast physically, and we who remain can do our best to financially support this effort.

The first sergeants at Warren are collecting cash/check donations for the American Red Cross. They are also working with Unit-

ed Blood Services. Members who are donating money to the Red Cross can specify that they want their money to go to Hurricane Katrina, and can even specify which state they would like to support.

The Company Grade Officer Council is also soliciting funds for the relief effort. Contact Capt. Rickie Banister at 773-4110 to donate funds through this organization.

All money and goods will be collected by Sept. 30.

Warren will be coordinating a two-day blood drive on Sept. 21 and 22 from 10 a.m. until 4 p.m. in the

Trail's End Enlisted Club. The donated blood will be used to stock local hospital shelves and assist United Blood Services centers in Louisiana and Mississippi if needed.

Donors will receive a T-

shirt from the United Blood Services that says "Be a hero." Sign up to donate at www.unitedbloodservices.org.

We also encourage Warren members to go through their belongings and donate

clothing, toys and non-perishable food items to local food banks for distribution.

For additional information supporting Hurricane Katrina relief efforts, contact Maj. Jeffrey Jenkins at 773-2135.

HURRICANE KATRINA HAS CAUSED DAMAGE AND SUFFERING TO THE GULF COAST REGION, BUT THERE ARE MANY THINGS YOU CAN DO TO HELP IN THE RELIEF EFFORT.

Briefs

Chadwell Dining Facility closure

Chadwell Dining Facility is scheduled to close Sept. 23 to 25 for an electrical upgrade project. To ensure our Airmen are provided funding for meals on the specified dates, 90th Comptroller Squadron will place all Warren essential station messing personnel on Basic Allowance for Subsistence for the dates Chadwell will be closed. The project will last approximately three days and is projected to have Chadwell reopened for breakfast Sept. 26.

For more information, contact Luis Almodovar at 773-2486.

Suicide prevention training

Annual suicide prevention training is scheduled for 1 and 2:30 p.m., Wednesday and 8 and 9:30 a.m., Thursday at the base theater. This training is mandatory for all active duty and DoD personnel. Sign-in is required and all sign in rosters are forwarded to squadron training monitors.

For more information, contact Glenn Garcia at 773-6278.

OB clinic notice

New obstetrical patients seen at the Warren Clinic can obtain care through the local Tricare network of OB providers starting Monday.

All initial pregnancy tests must be completed at the 90th Medical Group before continuing OB care. Existing OB patients will continue care with their current providers.

To make an appointment, call the appointment line at 773-3461.

AF birthday party

A free AF birthday party is scheduled for 5 p.m., today, at the Trail's End Club. Non-members are welcome to attend. The party includes cake, drinks and heavy hors d'oeuvres.

For more information, contact 1st Lt. Jennifer Anderson at 773-5810.

Asbestos and lead based paint training

Quarterly awareness training for asbestos is offered at the base theater 8 to 10 a.m., Wednesday. The lead based paint awareness training is offered directly following from 10 to 11:30 a.m.

Annual attendance is mandatory for some servicemembers but everyone is welcome to attend.

For more information, contact, Mike Zak, 773-4358.

Chefs compete in 'Iron Chef'

Tech. Sgt. Cornelius Sagiao
90th Operations Support Squadron

The 90th Operations Group held its own version of the television show "Iron Chef" on Sept. 9.

Senior Airman Holly Marquez, 321st Missile Squadron was named this quarter's "Iron Chef."

The competition, which is held quarterly, is currently open to the 90 OG missile chefs.

In the original show, featured on The Food Network, competing chefs try to "dethrone" the reigning Iron Chef by creating the highest number of mouth-watering dishes using one prime ingredient such as fish, pork or beef. The main ingredient is typically kept top secret until the competition begins, and the chefs are given a limited amount of time in which to create as many dishes as possible for a panel of judges to sample.

The rules of the 90 OG competition vary slightly from the original. For example, chefs typically know which main ingredient they will be using in advance. However, they are still required to cook in the presence of the judges within the allotted 60-minute time frame.

In addition to the overall food taste, texture and presentation, the chefs are also judged on their dress and appearance, and whether or not they honor the theme ingredient. All food must be prepared and served utilizing the procedures outlined in the United States Public Health Food Code.

All ingredients are provided for the chefs as they are prohibited from bringing personal ingredients. They may however, bring their own cooking utensils and are only required to cook one entrée.



Photo by Capt. Eric Chin

Senior Airman Holly Marquez, 321st Missile Squadron Chef, and most recent winner of the 90th Operations Group Iron Chef competition, competes Sept. 9.

The competition has been held only three times to date and is still in its developmental stages. Previous Iron Chef winners are Staff Sgt. Julie Little, 400th Missile Squadron, Staff Sgt. Sharekia Ramirez and Airman 1st Class

Kimberly Juzbasic, 319th Missile Squadron.

Although the competition is not currently open to the public, changes may be made in the near future to include spectators and possibly local television access.

CONGRATS NCO ACADEMY GRADUATES, CLASS 05-6

The NCO Academy provides a comprehensive study of communications, profession of arms and leadership to help prepare NCOs for increased leadership responsibilities.

Twelve Warren technical sergeants graduated from the NCO Academy, Peterson AFB, Colo., on Sept. 8.

Marco Parrilla
90th Logistics Readiness Squadron

David Thibodeau
90th Mission Support Squadron

Heather Lowry
90th Medical Support Squadron

Thomas Robison
90th Mission Support Squadron

John Thompson
90th Comptroller Squadron

Bobbie Tong
90th Medical Operations Squadron

Jeff Sams
400th Missile Squadron

Calandra Whitfield
90th Communications Squadron

Glen Farmer
90th Civil Engineer Squadron

Cayle Harris
90th Civil Engineer Squadron

Jesse Rubalcaba
20th Air Force

Ralph Spaight
90th Services Squadron

Full Page ad

Full Page ad



Photo by Capt. Warren Neary

Airmen 1st Class Corey Goor and Stephen Williams, 90th Security Forces Group, perform a security sweep in Keesler's Bay View housing Saturday.

Airmen in action

Warren supports JTF Katrina



Courtesy photo

Above: Maj. Alexis Sotomayor, 81st Security Forces Squadron Commander, shows the lay of the land at Keesler AFB, Miss., to Capt. Warren Neary, 90th Space Wing Chief of Public Affairs and embedded media members Scott Wright, cameraman for NBC 9 News KUSA and Tony Kovaleski, reporter for ABC 7 News KMGH, Aug 5.

Left: Airman 1st Class Christopher Soukup, 90th Security Forces Group, performs entry control point duties at Keesler AFB, Miss., Saturday evening.



Photo by Capt. Warren Neary

Full Page Ad

Missile cops reflect on Peacekeeper

Second Lt. Josh Edwards
90th Space Wing Public Affairs

The Peacekeeper missile deactivation marks the end of protecting 50 missiles for missile security forces members at Warren.

Security forces have been responsible for guarding the Peacekeeper missiles, both in the field and in transit, for 19 years.

Maj. Andrew Hugg, 790th Missile Security Forces Squadron Commander, has worked with the Peacekeeper throughout most of his career. Major Hugg started his career as a missileer assigned to a Peacekeeper squadron. He is now a security forces officer, and has led many troops in the protection of America's most powerful nuclear weapons.

While working on the operational side of the Peacekeeper was different than protecting it with security forces,

Major Hugg believes that understanding the overall mission is important for members working in both fields.

"As a missileer, I imagined the Russian missileer going down into his capsule and pointing his missile at me while I went into mine and did the same thing, so I always had a good sense of mission," said Major Hugg. "On the cop side, it's different because you're above ground and you're working with a lot of people. The mission feels totally different, but you're still protecting the

same resource."

The Peacekeeper missile has been a major part of why the 90th Security Forces Group is one of the largest of its kind in Air Force Space Command. With its deactivation, security forces members will have fewer assets to guard in the missile field. The personnel that protected the Peacekeeper will be spread around the security forces group to equalize work schedules, said Major Hugg.

"The area of responsibility for missile security forces members will shrink by a fourth," said Major Hugg. "Some members work more than others. We want to get the schedule equalized, so that's what that manpower is going to be used for."

Although the Peacekeeper has been a source of pride for security forces at Warren, Major Hugg and others agree that the deactivation is happening for the right reasons.

"To me, this is a good thing because at least Russia and America made a treaty to de-escalate their nuclear programs," said Major Hugg.

Tech. Sgt. John Slattery, assistant flight chief for the Convoy Response Flight in the 790 MSFS, also reflected upon the experiences he's had working with the Peacekeeper.

Sergeant Slattery has helped with more than 30 deactivations of the Peacekeeper missile, and provided security for countless

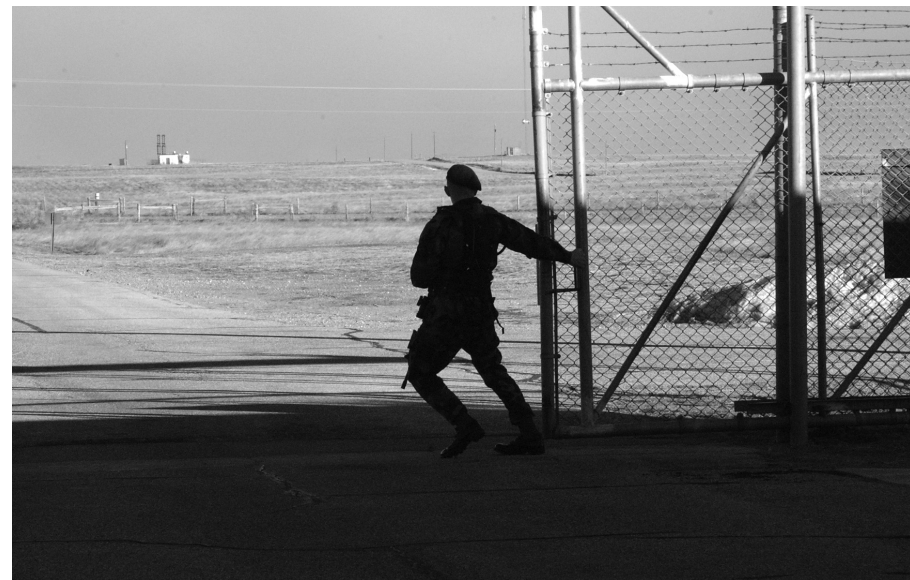


Photo by Senior Airman Lauren Hasinger

Kenneth Driscoll, 90th Missile Security Forces Squadron, closes the gates at Romeo Missile Alert Facility Dec. 20, 2004, near Chugwater, Wyo.

movements of Peacekeeper warheads for routine maintenance.

"The deactivation is a good thing," said Sgt. Slattery. "Every time we've done a deactivation, I get a really big sense of accomplishment because we're actually getting rid of something we really don't need in this world."

Airmen 1st Class Josh Ingram and Richard Phillips, Convoy Response Force members from the 790 MSFS, have provided security for about 15 deactivations of the Peacekeeper missile, bringing the nuclear weapons from the field back to Warren.

"It feels good to know that we're part of something that's going to be part of history," said Airman Ingram. "I can tell my kids, 'I was there, I helped

deactivate the very last one'. It's going to be a very satisfying experience."

First Lt. Jesse Goens, OIC of Camper Support and a certified Convoy Commander in the 790 MSFS, has commanded the transportation of nuclear weapons for only a few months, but has a deep appreciation for the Peacekeeper deactivation. He finds it special that his father was also involved with deactivating a weapons system.

"I think it's pretty neat because my dad deactivated the B-52s off alert at Barksdale when Strategic Air Command went away," said Lieutenant Goens. "So the fact that I get to deactivate a weapons system too, like a father-son tradition, is special."

6 by 4



Celebrating ICBM history

Peacekeeper Operations Center

On Monday and Tuesday, the 90th Space Wing is scheduled to celebrate the successful completion of the Peacekeeper mission and subsequent Phase I deactivation. The Peacekeeper intercontinental ballistic missile, LGM-118A, was the world's most powerful nuclear weapons system capable of carrying up to 10 independently targetable reentry vehicles.

The two-day celebration will be in honor of the men and women who played critical roles in the success of the Peacekeeper mission. The formal ceremony will be on Monday, with the guest speaker being the Honorable Dr. Ronald Segal, Undersecretary of the Air Force.

The final Peacekeeper component from P-03, the last deactivation site, will arrive home that morning. General Lance Lord, AFSPC Commander, will be speaking at the formal dinner that evening.

On Tuesday, there will be a Peacekeeper barbecue co-sponsored by the Cheyenne Cowboy Chapter of the Air Force Association and the Peacekeeper contractors of AFSPC.

Personnel who registered for the events should have received confirmation by e-mail of their attendance. Welcome packages for 90 SW personnel were delivered to each of the



groups on Thursday. Registration for all events is officially closed. However, base personnel may still attend events if they receive a welcome package containing event tickets.

Visiting alumni may stop by the Peacekeeper welcome center at the Trail's End Club, Pershing Room from 9 to 11 a.m., and 11 a.m. to 1 p.m., today, Saturday, Sunday, and from 6 to 10 a.m. on Monday and Tuesday to pick up their welcome packages.

Central Avenue will be closed to regular traffic

between Randall Avenue and Rogers Drive starting 3 a.m., Tuesday. Access to Central Avenue and the Peacekeeper complex will only be allowed for cars with Peacekeeper deactivation parking passes or personnel with distinguished visitor badges.

The Peacekeeper Operations Center will be in operation starting at noon, Sunday. Attendees to the two-day celebration can contact the Peacekeeper Operations Center with any questions, concerns, or requests by calling 773-6380.

Schedule of events

Monday

Peacekeeper deactivation ceremony
10 a.m.
Peacekeeper High Bay (Building 1501)

Reception and parade
(following ceremony)

Formal dinner
6 p.m., social; 7 p.m., dinner (by invitation only)
Trail's End Club

Tuesday

Golf tournament
6 a.m. registration, 7 a.m. start
Golf course

Barbecue
12 p.m.
Peacekeeper High Bay (Building 1501)
Sponsored by Air Force Association and
Peacekeeper contractors of AFSPC

Tours
MPT and U-02 tour
Historic base and base museum tour
8 a.m. to 2:45 p.m.
Base theater (Tours offered every 45 minutes)

Transportation and parking

Ceremony, Monday

Shuttle buses to Peacekeeper High Bay run from 7:30 to 9:15 a.m.

All attendees asked to show at 7:30 a.m. and must show their ticket to board buses.

Parking for shuttle buses located at: Trail's End Club (90 MSG personnel, 90 MDG personnel and non-local visiting alumni (non-local personnel), Freedom Hall (90 MXG personnel, 90 SW Staff personnel), Building 340 parking lot (90 OG personnel, 90 SFG personnel), Base theater - Overflow parking (Opened when needed)

Dinner, Monday

Parking at Trail's End Club for all invited guests.

Golf tournament, Tuesday

All attendees may park at Golf Course.

Tours, Tuesday

Interested personnel should park at the base theater. All tours are run from the theater. Refreshments and entertainment available inside the theater.

Barbecue, Tuesday

Parking is available at Building 1501 (Peacekeeper High Bay) and Building 1502. Overflow parking along Central Avenue only.

Shuttle buses available along Central Avenue for passenger pickup and drop off.

All attendees must show their ticket - redeemable for limited edition Peacekeeper "Mission Complete" coin.

6 by 6.5



Photo by Dave Ewaliko

SATURDAY NIGHT FIGHTS ...

Senior Airman Ryan Goodridge, 90th Security Support Squadron and Keith Carpenter, a Warren family dependent, bob and weave during a welterweight sparring session at Saturday's boxing tournament under the watchful eye of referee 2nd Lt. Matthew Lord. For more information on Warren boxing, contact 1st Lt. Rodney Ellison at 773-2280.

Youth basketball registration

Registration: Oct. 1 to 21
Late registration: Oct. 24-28

Cost: \$40.00 per child. (This price includes all practices and games, team uniforms, T-shirts and shorts, individual awards for all children, NYSCA certified coaches and end of season banquet.

Practice: Practice will begin Nov. 14. All practices and games will be held at the Youth Center gym. Practice times are from 5:30 to 8:00 p.m., Mondays, Wednesdays and Fridays, and 9 a.m. to 1 p.m., Saturdays. Each team will practice for one hour.

Season start: January 9

Parents meeting: 6 p.m., Nov. 8 at the Youth Center

WARREN FLAG FOOTBALL STANDINGS

<u>American</u>	<u>W</u>	<u>L</u>	<u>National</u>	<u>W</u>	<u>L</u>
790 A	3	1	790 B	1	0
OG A	2	1	MSFS 4	2	1
243	1	1	MMXS	2	1
MSFS 7	1	2	CES	2	1
LRS	2	2	OG B	1	1
COMM	1	3	90 SFS	0	1
TRF	0	6	SVS	0	3

(Scores are current as of Tuesday.)

Warren LT celebrates Hispanic Heritage Month

First Lt. Heriberto Marin-Ruiz, Wing Staff Resource Advisor, sat down with Airman 1st Class Brandy Holcepl to talk about his job, his family and why Hispanic Heritage Month is so important.

What do you think of Hispanic-American Heritage Month?

Hispanics look forward to it. They can get together and it makes them feel more at home.

Do you think Hispanic-American Heritage Month has an impact on our community/base?

Celebrating Hispanic heritage lets the rest of the nation learn about Hispanic culture and traditions. By understanding each other's background and cultures we are able to develop a better, cohesive team.

Is there anything you would like to change about the Hispanic-American Heritage Month events?

No, they do enough and a good job.

Have you helped out with any events?

I helped host Latin Nights at the NCO Club, organized dances and food tasting.

What did you do before you came into the Air Force?

I was in the Army for 6 years (4 Active & 2 Reserves) as infantry. I left as an E-5. After the Army I went to college to study finance.

How long have you been in the Air Force?

2 years, I came in as an officer.

Why did you choose the Air Force?

By coming into the Air Force I was able to work in the field I went to college for. If I went into the Army I would have been an infantry officer.



Photo by Airman 1st Class Brandy Holcepl

What is different between the Army and the Air Force?

The Army is more structured, and Army life is tougher. The Air Force has a better quality of living and has more opportunities to broaden your skills.

What do you like about the Air Force?

Working with Airmen from different places.

What does your job involve?

I provide financial advice and services to wing personnel. I also oversee the planning and execution of our budget. The money we get is the tax payers' money and given to us by congress, so I make sure we spend the money the way we are suppose to.

What keeps you motivated and ready to work?

Knowing that I can make a difference and have a positive influence on people.

What do you think is the most important part of being a military member?

Leading by example.

Where are you from?

Fagardo, Puerto Rico.

What is your home town like?

Fagardo is a small fisherman's town on the east coast. Everyone knows each other. There is lots of beach and baseball. It's warm all year round, about 85 degrees. Everyone knows each other. I remember when I was 10 years old, they tried to bring snow from the U.S. and drop it from planes so that it looked like it was snowing.

What is something you remember from back home?

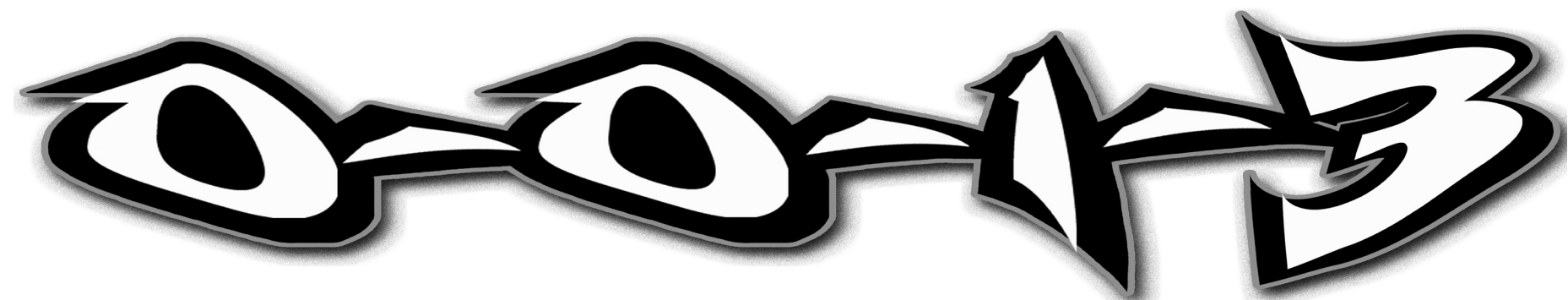
I remember when they were trying to introduce Santa Clause. They had been advertising that Santa Clause was coming and they made it exciting, but when Santa Clause came all the kids got scared. They weren't used to a big guy in a red suit, it was scary for them.

Do you have a family here with you or any pets?

Yes. My wife, my son who is 13 years old, my daughter who is 3 years old, and one child on the way. We also have a dog named Tego, which was the name of a famous Puerto Rican rapper.

How do you spend your free time? Do you have any hobbies?

I lift weights. My family and I like to go to Denver, to the mall, and to Rockies Games. We spend a lot of time in Colorado in the summer. I also coach my son's baseball team, the Cheyenne Raptors. They won the North Colorado Rookie League Tournament Championship this year.



Full Page Ad

Full Page Ad

Full Page Ad

Tops In Blue 2006 tour

A taping session for a Tops In Blue talent contest is scheduled for Thursday morning and the afternoon of Sept. 23 at the Pronghorn Center.

All applicants must bring their completed application.

Evaluations will be based on showmanship, enthusiasm and appearance of confidence.

Categories include vocalist, instrumentalist, variety such as comedy, mime, rollerskating, drama, etc. Musical accompaniment or background music may be live or prerecorded.

For more information or to schedule a taping appointment, call Dave Ewaliko at 773-3326 or 773-2944.

Family Night at the club

The Trail's End Club is hosting Family Night with a "Lilo and Stich" Hawaiian menu today from 5 to 7 p.m.

The cost is \$6.95 for members, \$8.95 for nonmembers, \$3.95 for children ages 6 to

10 and free for children age 5 and under.

Reservations are recommended, call 773-3048.

Lifeguard classes

The Warren Aquatic Center is scheduled to hold lifeguard classes Sept. 29 to Oct. 15 for people age 15 and up. Students will become certified in lifeguard skills, CPR and first aid.

For more information, call the aquatic center at 773-3195.

Prime rib night

A prime rib night is scheduled at the Trail's End Club 5 to 8:30 p.m., Sept. 29. The cost varies from \$12.25 to \$17.50. The dinner includes salad bar, baked potato, chef's blend of vegetables, fresh baked bread and creamy horse-radish. A children's menu will be available.

For more information, call 773-3048.

Chair massage

The Warren Aquatic Center offers traveling chair massages for \$15. A certi-

fied massage therapist will come to offices that schedule four or more 15 minute massages.

To schedule, call 773-3195.

Member's Day Golf Tournament

The Warren Golf Course is schedule to host its Member's Day Tournament Saturday at 8 a.m.

The cost is \$30 for members and \$45 for nonmembers and includes prizes and lunch buffet.

For more information, call 773-3556.

Membership drive roll out party

The Trail's End Club is hosting its membership drive Roll Out Party today at 5 to 7 p.m. in the Stevenson Room.

There will be snacks, question and answer entertainment and a squadron party night challenge. Twelve members from Air Force Space Command will win \$1,000.

For more information, call 773-3048.

Save money with services

Club members who visit Warren Lanes, the Trail's End Club, Warren Golf Course, outdoor recreation, family camping area, the aquatic center, the arts and crafts center, the auto skills center, Rubyjuice and AAFES will save 10 percent on Tuesdays during the membership drive now through Nov. 30.

Members must use club card, check or cash and are limited to a one time purchase of \$500 through AAFES.

Give Parents a Break program

Give Parents a Break is a free childcare program for active-duty members with children ages 6 weeks to 11 years who are under unique stress.

The program is available monthly on the first Saturday, 8 a.m. to noon and third Friday, 5:30 to 9:30 p.m.

For more information or to request a referral for the Give Parents a Break program, contact your

squadron commanders, first sergeants, chaplains, medical professionals, family advocacy, family support center or the child development center.

Auto skills stalls

The auto skills center now offers reservations for a patron-use stall. Stalls are reserved one business day prior to use for \$3 per hour. One stall is available for reservations, and doesn't include a lift.

Reserved stalls are held until five minutes after the reserved time then released to waiting patrons.

For more information, contact 773-3869.

The Spa at the aquatic center

The Spa at the aquatic center offers massage therapy, hot stone massage, couples massage, body wraps (mud, seaweed, etc.), sugar scrub, facial mask/reflex session, ear candling and air brush tanning.

For more information, call the aquatic center at 773-3195.

6 by 6

Education center briefs

Online tuition assistance: Air Force members will now begin completing requests for Tuition Assistance online. For more information on the new Air Force Virtual Education Center On-Line Tuition Assistance Program, visit the Education and Training Flight customer service counter (1205 Black Powder Rd.) or call 773-2117.

Pitsenbarger Award: The Aerospace Education Foundation and the Air Force Association Cowboy chapter offer the Pitsenbarger Award, providing a one-time grant of \$500 to selected top Air Force enlisted personnel (E-4 through E-7) graduating from the October 2005 class of the Community College of the Air Force who plan to pursue a baccalaureate degree. The money is intended to help cover expenses such as textbooks and lab fees. The check is made out to the award winner and there are no strings attached. Two award recipients will be selected this fall. For more information, visit: <http://www.aef.org/aid/pit.asp> or contact the education center at 773-2117.

Greater Cheyenne Chamber of Commerce Military Affairs Committee Scholarship: The MAC scholarship is a one-time \$200 grant for top active-duty (enlisted and officer) students currently pursuing a bachelor's or master's degree at Warren. Five grants will be awarded at the annual joint graduation ceremony here Nov. 3. Requirements include a GPA of 3.0 or higher, a narrative statement describing extracurricular activities and military accomplishments, and two letters of recommendation. For more information, contact Mary at 773-4897.

Personnel Reliability Program is everyone's responsibility

Question: What is potentially disqualifying information?

Answer: Any information regarding, but not limited to, a person's physical, mental, emotional status, conduct or character, on and off duty, which may cast doubt on his or her ability or reliability to perform nuclear related duties. PDI must always be reported to your certifying official, it is a vital part of PRP.

Look for general knowledge questions and answers every week in the Sentinel, courtesy of the base PRP office.

SHIRT'S CORNER

Warren's First Sergeant's Council

Is it within Air Force standards for a guy to wear a body piercing when he is on the installation while wearing civilian clothes? The simple answer to this question is, "No."

In recent years, body piercing has fast become something people are doing to make themselves stand out or fit in. However, Air Force Instruction 36-2903, table 2.5, states when members are off duty and on a military installation they are prohibited from attaching, affixing or displaying objects, articles, jewelry or ornamentation to or through the ear, nose, tongue or any exposed body part (includes visible through clothing). Piercing of earlobes by women is allowed, but should not be extreme or excessive. The type and style of earrings worn by women on a military installation should be conservative and kept within

sensible limits.

You may be asking yourself, "Why can't I wear a body piercing when I'm not in uniform while on base?" What it all boils down to is you portraying a professional image. Whenever you are out of uniform, you are still a member of the Air Force and are subject to the standards set forth in AFI 36-2903. Air Force leadership determined that body piercing, even while not in uniform, does not present a professional image.

Being a professional and portraying a professional image is something we all have in common, not just while on duty. Take pride in being a part of the Air Force and encourage those who are not abiding by the dress and appearance instruction to get in compliance.

We owe it to ourselves and those with whom we serve to be professional not only because we are a part of the Air Force but because it's the right thing to do.

MOVIE NITE

Friday, 16 September 1800

**DORM ESCAPE (FTAC)
FREE FOOD!**

**Tacos
Chips
Salsa, etc**

SPONSORED BY:
HISPANIC HERITAGE
month

Full Page
Ad